Network Systems
Science & Advanced
Computing

Biocomplexity Institute & Initiative

University of Virginia

Foresight and Analysis of Infectious Disease Threats to Virginia's Public Health

February 8th, 2024

(data current to January 30th – February 6th) Biocomplexity Institute Technical report: TR BI-2024-10



BIOCOMPLEXITY INSTITUTE

biocomplexity.virginia.edu

About Us

- Biocomplexity Institute at the University of Virginia
 - Using big data and simulations to understand massively interactive systems and solve societal problems
- Over 20 years of crafting and analyzing infectious disease models
 - Pandemic response for Influenza, Ebola, Zika, and others



Points of Contact

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Model Development, Outbreak Analytics, and Delivery Team

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Overview

• **Goal**: Understand impact of current and emerging Infectious Disease threats to the Commonwealth of Virginia using modeling and analytics

Approach:

- Provide analyses and summaries of current infectious disease threats
- Survey existing forecasts and trends in these threats
- Analyze and summarize the current situation and trends of these threats in the broader context of the US and world
- Provide broad overview of other emerging threats



Key Takeaways

COVID-19 indicators show a recent peak and continued declines

- Hospitalization and Diagnosed COVID remain in slow decline
 - Hospitalizations peaked ~20% lower than last year, and continue to decline
- Wastewater continues to show high viral loads (currently lag other indicators)
- Together this suggest continued declines or plateaued activity.

Influenza is declining in VA and across the US

RSV hospitalizations have started to decline while ED visits continue to decline



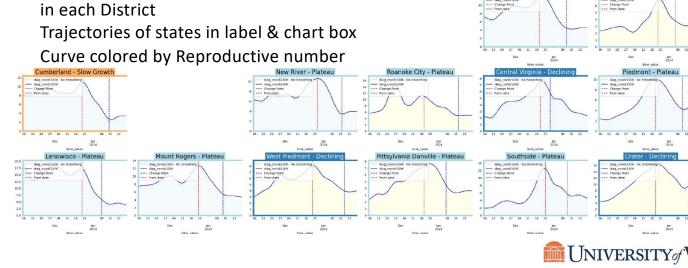
COVID-19 Surveillance

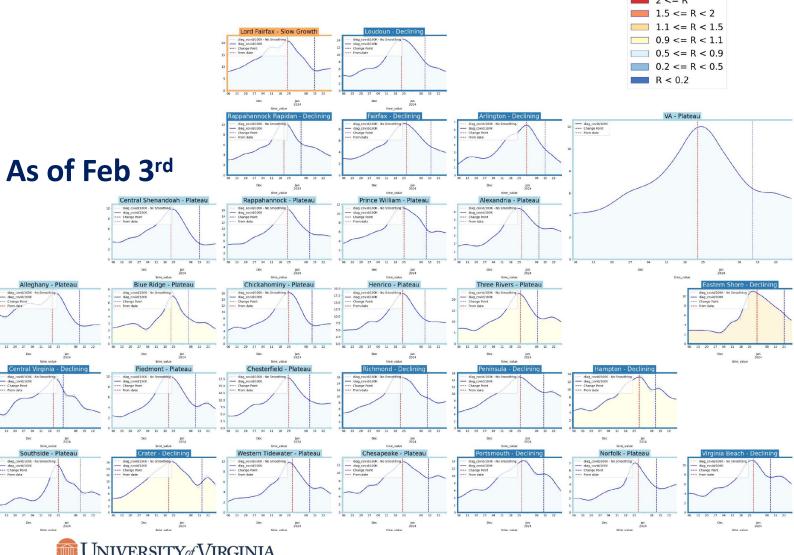


District Diagnosed COVID Trajectories – last 10 weeks

Status	Number of Districts		
	Current Week	Last week	
Declining	13	31	
Plateau	20	4	
Slow Growth	2	0	
In Surge	0	0	

Curve shows smoothed Emergency Dept and Urgent Care visits with Diagnosed COVID-19 rate (per 100K)





MIVERSITY VIRGINIA

2024-02-03

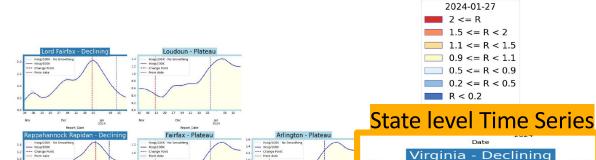
District Hospital Trajectories – last 10 weeks

Rt estimates from EpiNow2

Status	Number of Districts		
	Current Week	Last week	
Declining	30	(28)	
Plateau	5	(7)	
Slow Growth	0	(0)	
In Surge	0	(0)	

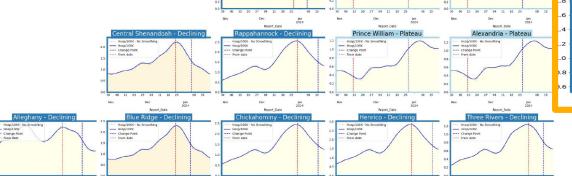
Hospitalization by county inferred from Facility data mapped to counties through Hospital Referral Regions.

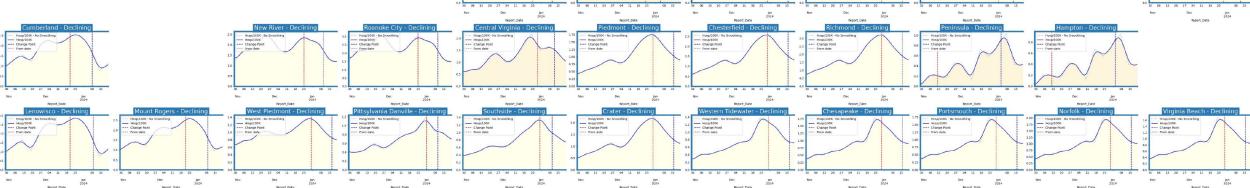
As of Jan 27th



-- Change Poin

Curve shows smoothed hospitalization rate (per 100K) by district Hosp rate curve colored by $R_{\rm e}$ number





2/8/24

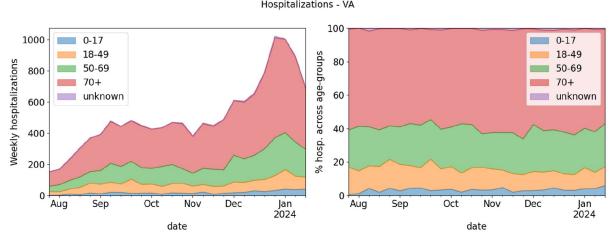
Hospitalizations in VA by Age

Age distribution in hospitals showing slight shift towards younger age groups

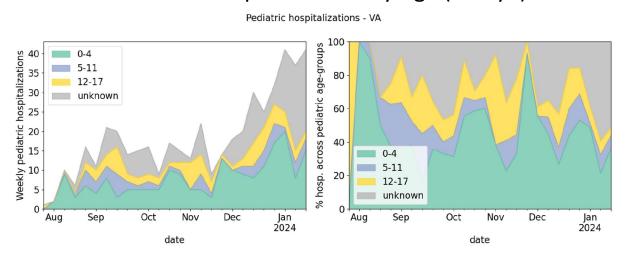
- Overall hospitalizations stable across all age groups
- Pediatric hospitalizations remain high compared to summer

Note: These data are lagged and based on HHS hospital reporting

Virginia Hospitalizations by Age (all ages)



Pediatric Hospitalizations by Age (0-17yo)



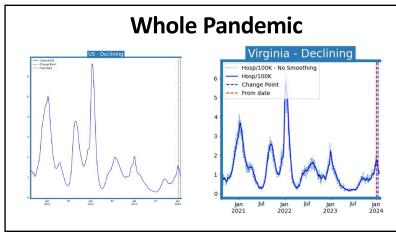
Data Source: Delphi and HHS

United States Hospitalizations



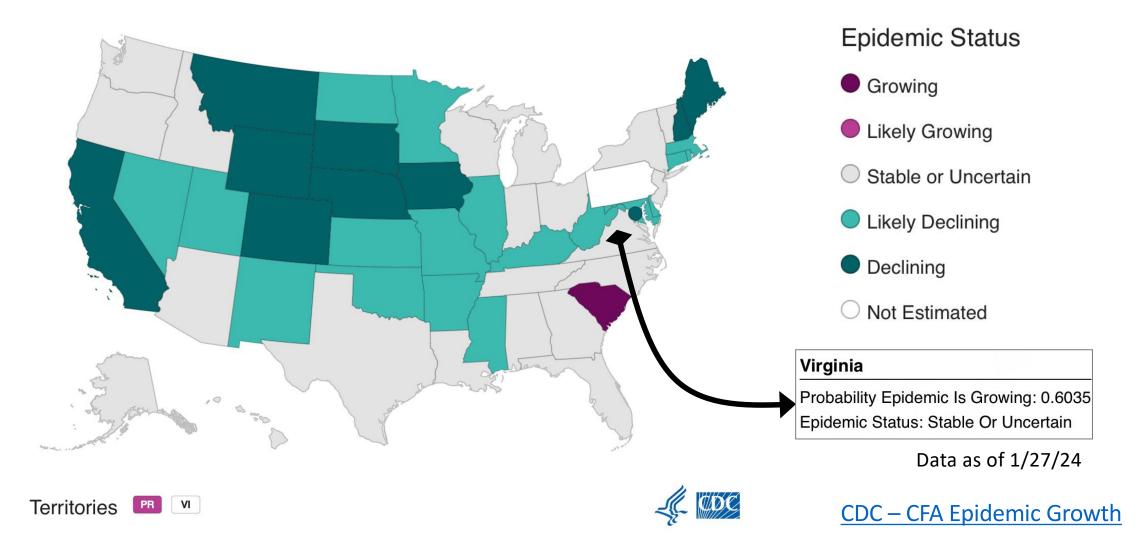
	Number of States		
Status	Current Week	Last Fortnight	
Declining	44	(38)	
Plateau	8	(8)	
Slow Growth	1	(7)	
In Surge	0	(0)	





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COVID-19 Hospitalizations – Epidemic Growth



Estimating Daily Reproductive Number –

EpiNow2 estimation

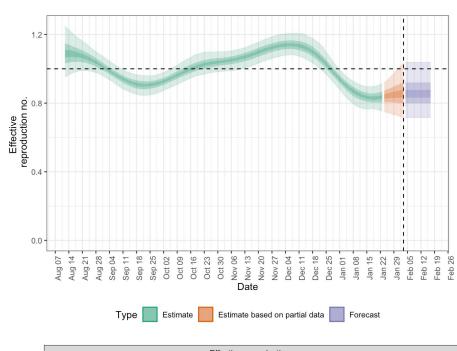
Reproductive Estimate Summary, per data as of February 3rd, 2024

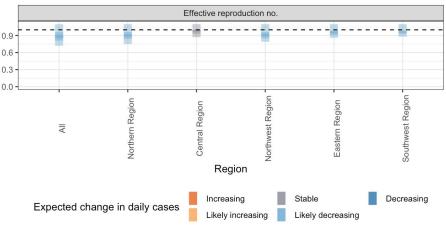
Region	Reproductive number estimate	Credible Interval	Trend forecast
State-wide	0.88	(0.72 - 1.1)	Likely decreasing
Central	0.99	(0.87 - 1.1)	Stable
Eastern	0.95	(0.86 - 1.1)	Likely decreasing
Northern	0.90	(0.75 - 1.1)	Likely decreasing
Northwest	0.91	(0.79 - 1.1)	Likely decreasing
Southwest	0.96	(0.88 - 1.1)	Likely decreasing

Methodology

- Sam Abbott, Joel Hellewell, Katharine Sherratt, Katelyn Gostic, Joe Hickson, Hamada S. Badr, Michael DeWitt, Robin Thompson, EpiForecasts, Sebastian Funk (2020). **EpiNow2**: Estimate Real-Time Case Counts and Time-Varying Epidemiological Parameters. doi:10.5281/zenodo.3957489.
- COVID disease model parameters (including generation time and delay distributions) per CDC CFA blog: https://www.cdc.gov/forecast-outbreak-analytics/about/technical-blog-rt.html#anchor 01204
- Uses confirmation date but report date biases are accounted for; estimated date of infection is inferred using Bayesian smoothing techniques and used to produce Rt estimates.
- Source data: https://data.virginia.gov/Government/VDH-COVID-19-PublicUseDataset-CLI By-HealthDistric/nchp-nti3/data

R_e per confirmed ED diagnosis (last 6 months)



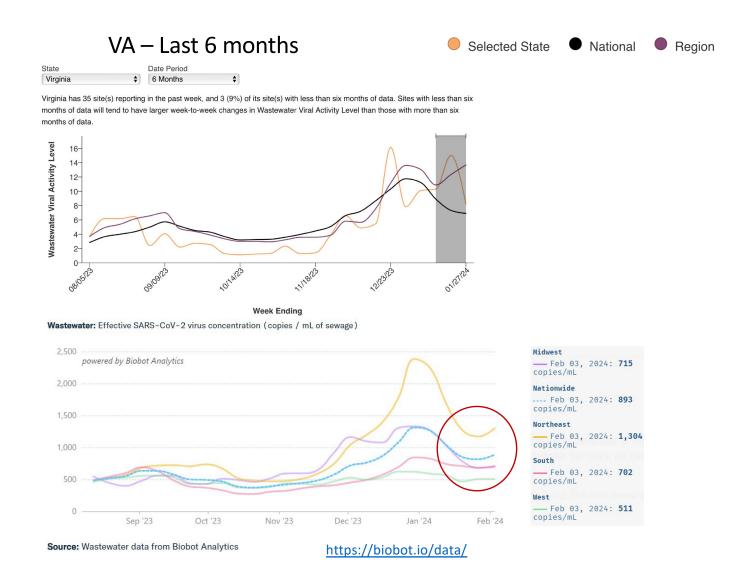


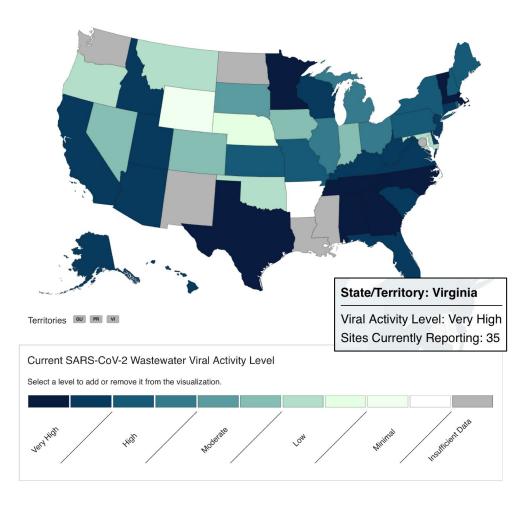
EpiNow2 home: https://epiforecasts.io/EpiNow2/

Wastewater Monitoring – NWSS

Wastewater provides a coarse estimate of COVID-19 levels in communities

VA in "Very High" again after dipping to "Moderate"





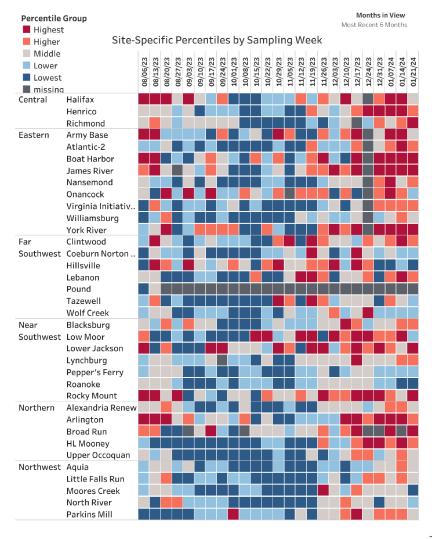
Data Source: CDC Data Tracker

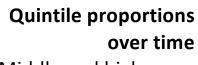
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Wastewater Monitoring – VA Sites

Wastewater provides a coarse early warning of COVID-19 levels in communities

Some VA sites (esp. Eastern) are starting to shift to higher quintiles in wastewater percentile groups

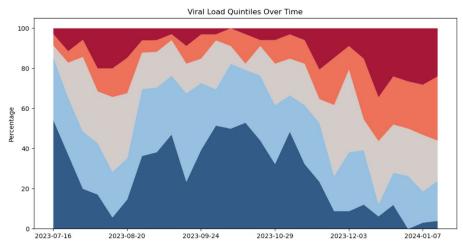


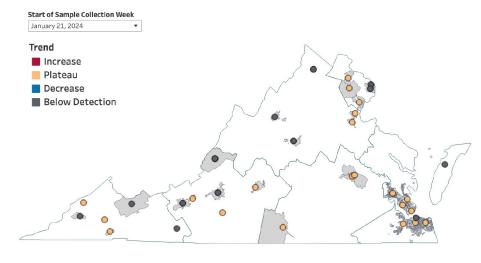


Middle and higher are growing in past couple weeks

Last data point:

January 21st





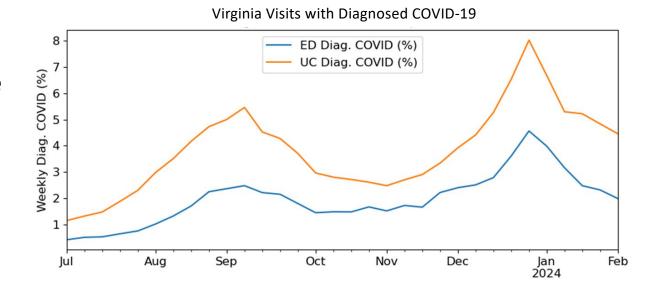
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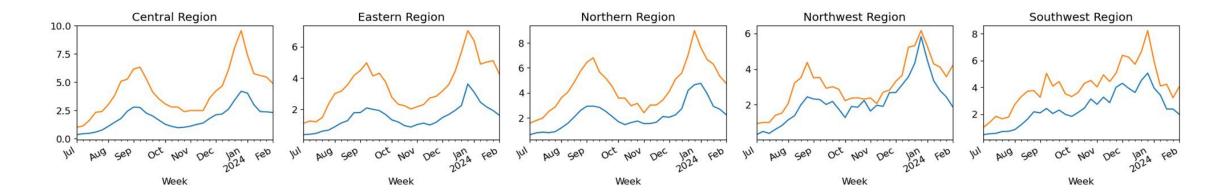
From: https://www.vdh.virginia.gov/coronavirus/see-the-numbers/covid-19-data-insights/sars-cov-2-inwastewater/#surveillance-trend $1\ 2$

ED & UC Visits with Diagnosed COVID-19

National Syndromic Surveillance Program (NSSP) reports diagnosed COVID-19 from multiple healthcare settings

- Week ending February 6th, 2024
- Diagnosed visits are a smoother more specific indicator than COVID-like Illness
- After 2 months of growth, Diagnosed visits show signs of receding, and may be leveling off



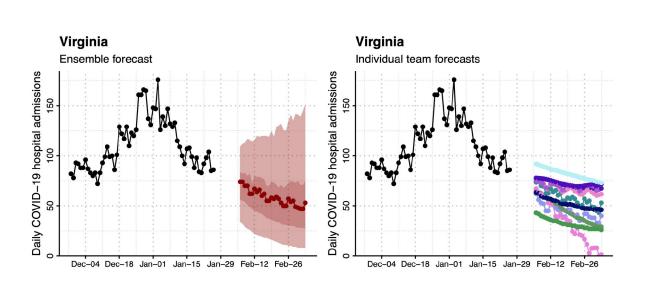


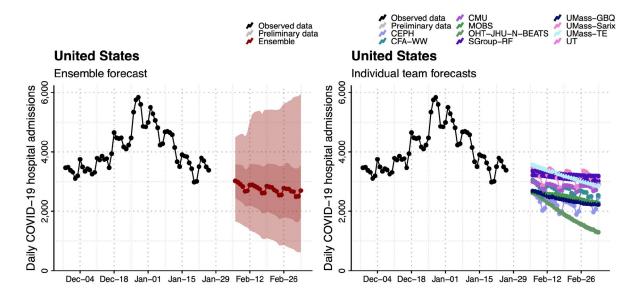
Current COVID-19 Hospitalization Forecast

Statistical models for submitting to CDC COVID Forecasting Hub

• Uses a variety of statistical and ML approaches to forecast weekly hospital admissions for the next 4 weeks for all states in the US

Hospital Admissions for COVID-19 and Forecast for next 4 weeks (CDC COVID Ensemble)









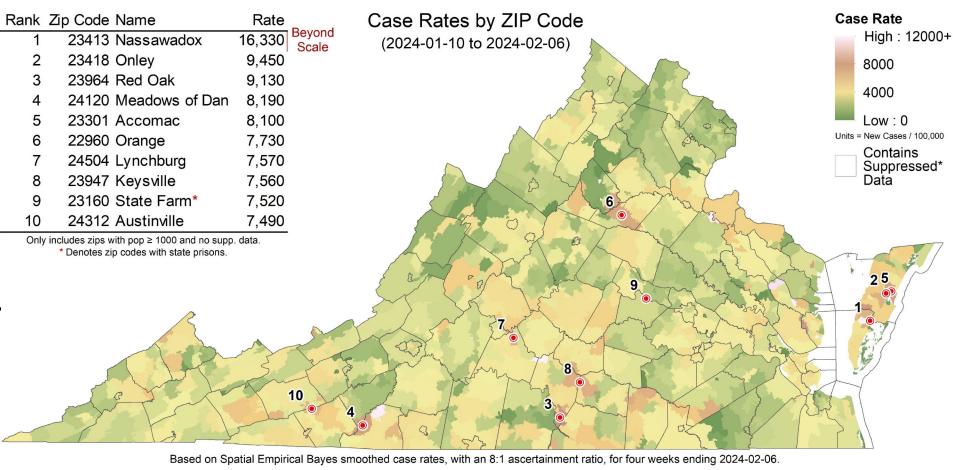
COVID-19 Spatial Epidemiology



ZIP Code Level Case Rates Since Last Meeting

New cases per 100k in the last four weeks

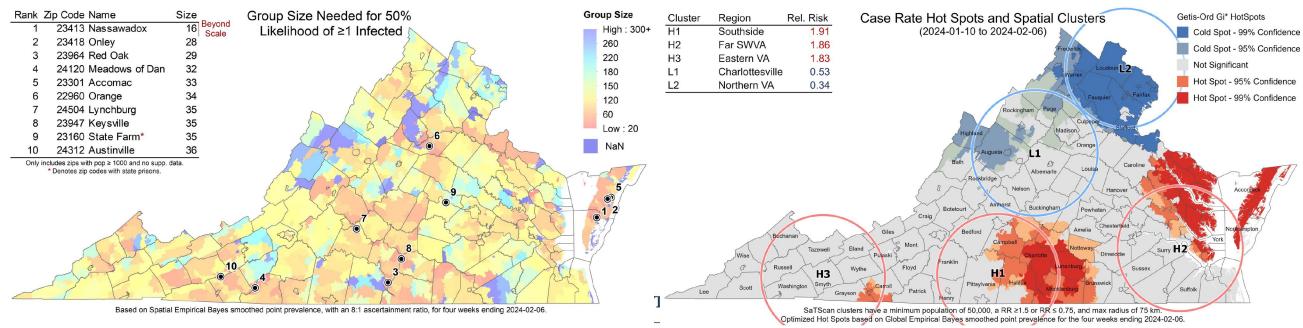
- Divide rates by four to calculate average weekly incidence.
- No change in color scale from last meeting.
- Case rates continue to decline across the Commonwealth.
- Rates remain elevated in Southwest and Southside, and especially on the Fastern Shore.
- State Farm is the only ZIP code with a prison in this week's top 10.



Risk of Exposure / Spatial Clusters and Hot Spots

Case rates since last meeting by ZIP code used to calculate risk of encountering someone infected in a gathering of randomly selected people and find spatial hot spots

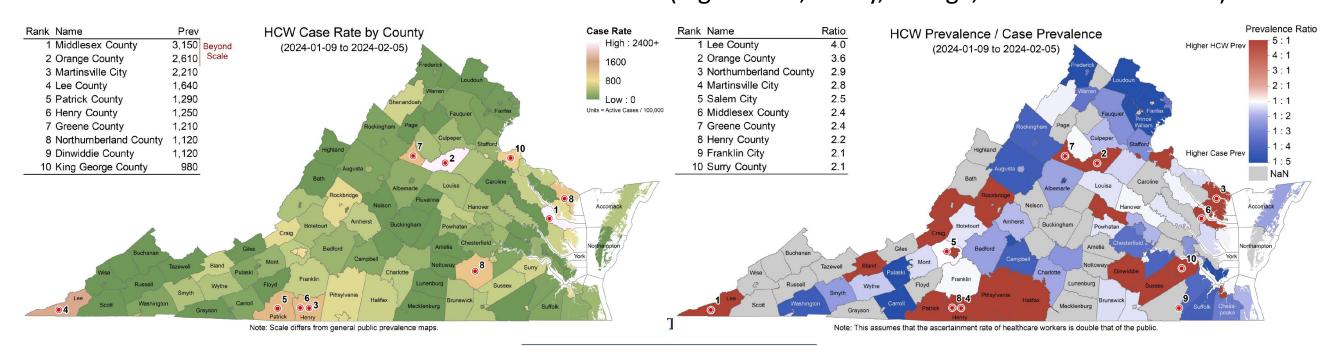
- **Group Size**: Assumes **8 undetected infections** per confirmed case (ascertainment rate from recent seroprevalence survey) and shows minimum size of a group with a 50% chance an individual is infected by ZIP code (e.g., in a group of 14 in Nassawadox, there is a 50% chance someone will be infected).
- **Spatial Clustering**: Getis-Ord Gi* based hot spots compare clusters of ZIP codes with four-week case rates higher than nearby ZIP codes to identify larger areas with statistically significant deviations. SaTScan was used to corroborate this analysis and determine relative risk for identified clusters.



COVID-19 among Healthcare Workers

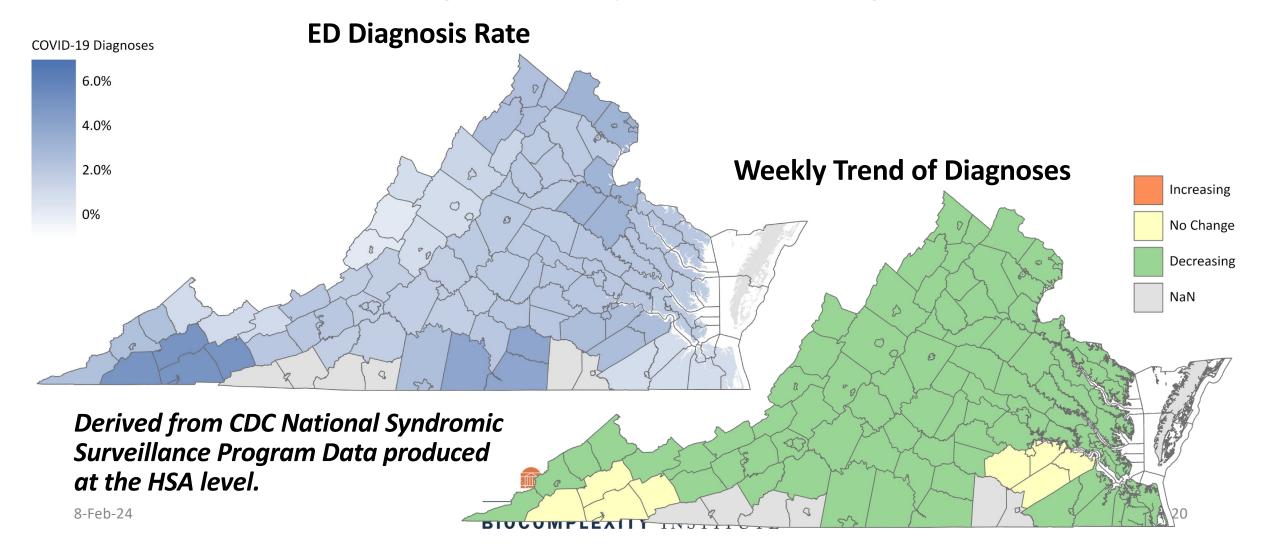
COVID-19 case rates for the public and for healthcare workers (HCW) were compared to find regions where HCW suffered unusually high burdens of disease

- HCW Rate: Case rate among health care workers (HCW) over a four-week period ending January 8, 2024.
- **HCW Ratio**: Case rate among health care workers (HCW) over the same period using patient facing healthcare workers as the numerator, and the population's case rate as the denominator.
- The healthcare case to public case ratio is above one in a handful of sporadically counties. But, only a few of these counties also show an elevation in HCW cases (e.g. Patrick, Henry, Orange, and Greene Counties).



Emergency Department Diagnosis Rate – COVID-19

- COVID-19 diagnoses are currently highest in Far Southwest and the Southside region.
- Far Southwest and Petersburg are the only areas not showing decline this week.



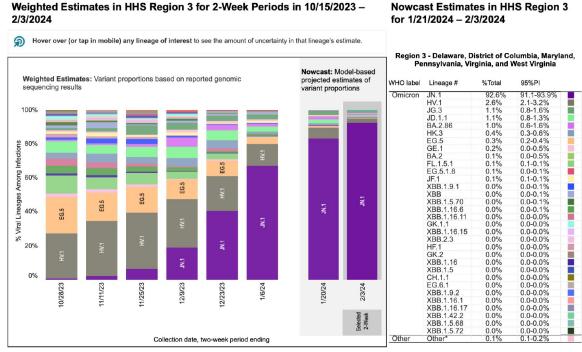
COVID-19 Genomic Update



SARS-CoV2 Variants of Concern

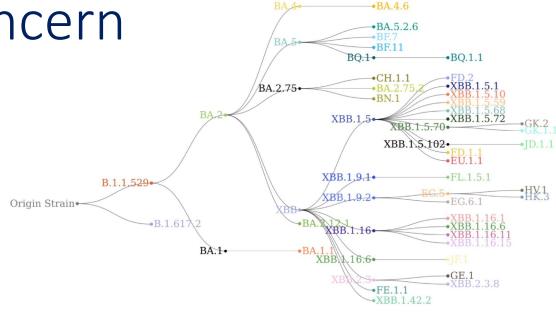
Emerging variants have potential to continue to alter the future trajectories of pandemic and have implications for future control

• Variants have been observed to: increase transmissibility, increase severity (more hospitalizations and/or deaths), and limit immunity provided by prior infection and vaccinations



^{*} Enumerated lineages are US VOC and lineages circulating above 1% nationally in at least one 2-week period. "Other" represents the aggregation of lineages which are circulating <1% nationally during all 2-week periods displayed # While all lineages are texted by CDC, those named lineages not enumerated in this graphic are aggregated with their perent lineages, based on Pango lineage definitions, described in more detail here: https://www.nago.networkthe-pango-nemorkature-valeer-monnecture-valeer-vale

CDC Variant Tracking



Omicron Updates*

- JN.1 further saturates to 92.6% from 84.3%
- Lineage HV.1 (XBB.1.9*) down to 2.6% from 6.1%
- Other BA.2.86, JD.1.1, JG.3 are only other variants above 1%



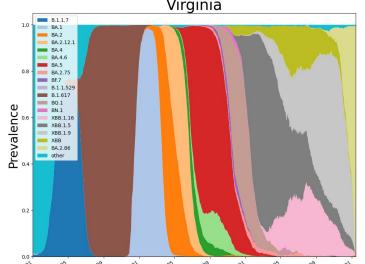
^{*}percentages are CDC NowCast Estimates

SARS-CoV2 Omicron Sub-Variants



Enabled by data from GISAID





United States

BA.2.12.1

BA.4.6

B.1.1.529

B.1.617

BQ.1

BN.1

XBB.1.5 XBB.1.9

XBB.1.16

BA.2.86

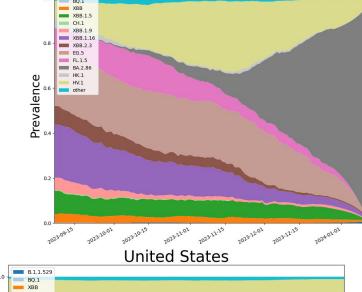
2/8/24

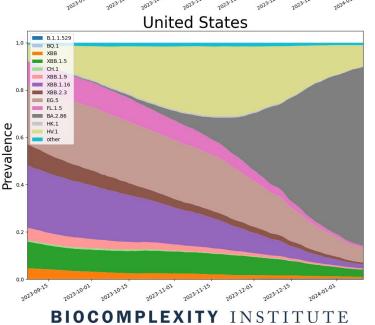
BA.5

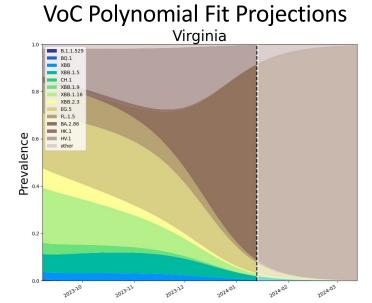
BE.7

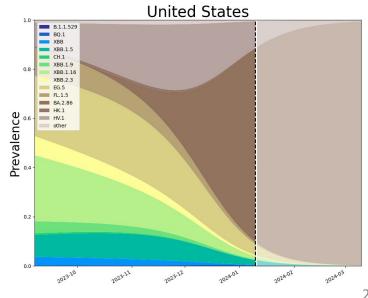
0.8 - BA.2.75

Prevalence









Note: Everything from dotted line forward is a projection.

SARS-CoV2 Omicron Sub-Variants

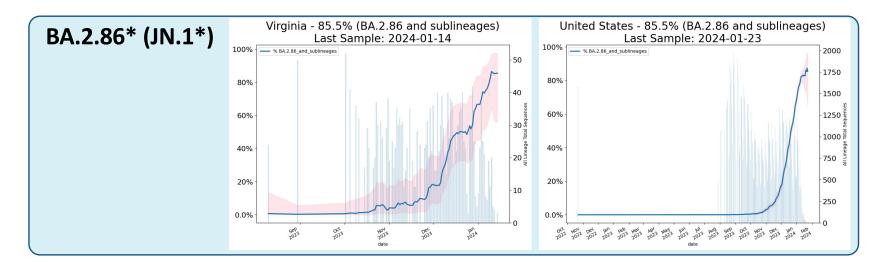
COV-spectrum

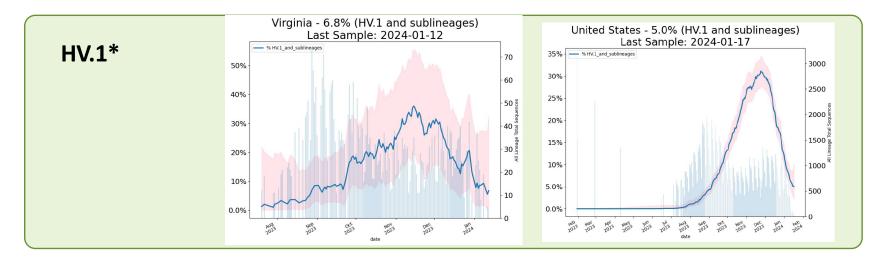
"Editor's choice" Variants to watch

Known variants

Which variant would you like to explore?





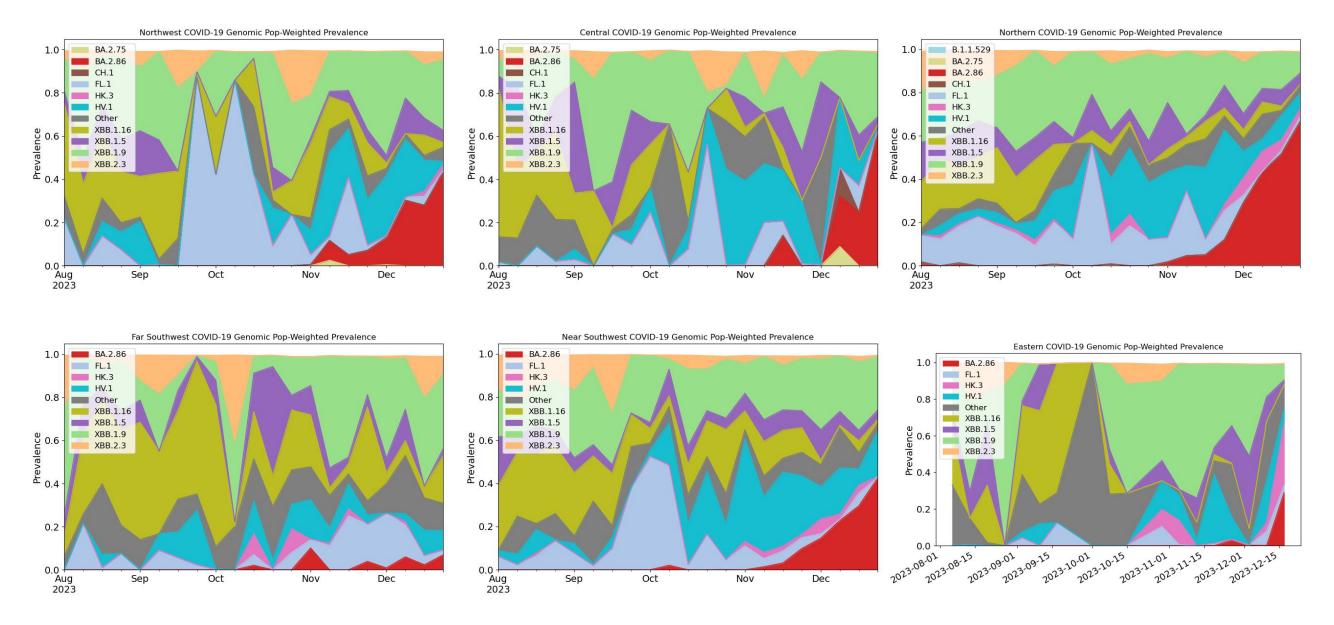


COVSPECTRUM

Enabled by data from **GISAID**

2/8/24

Virginia Regional Population-Weighted Wastewater Variant Status



Influenza Update



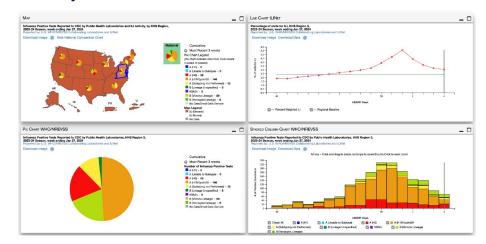
FluView Interactive

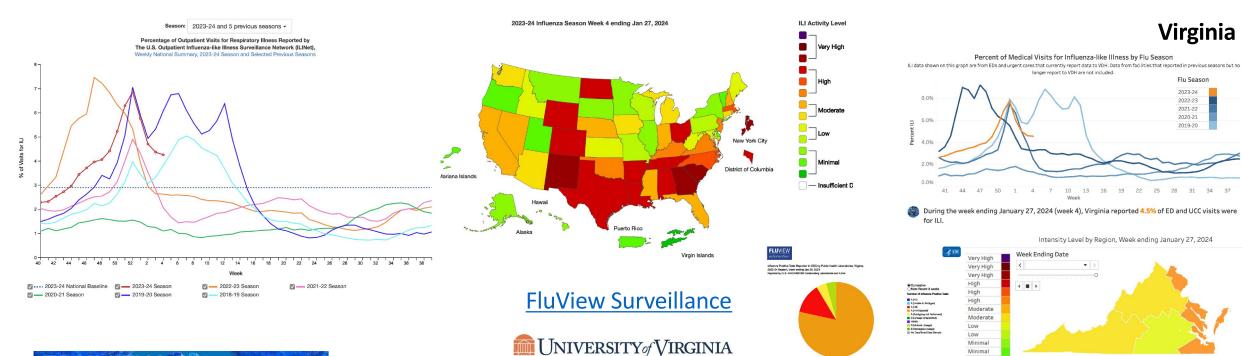
Current Influenza Situation — ILI Activity

Region 3

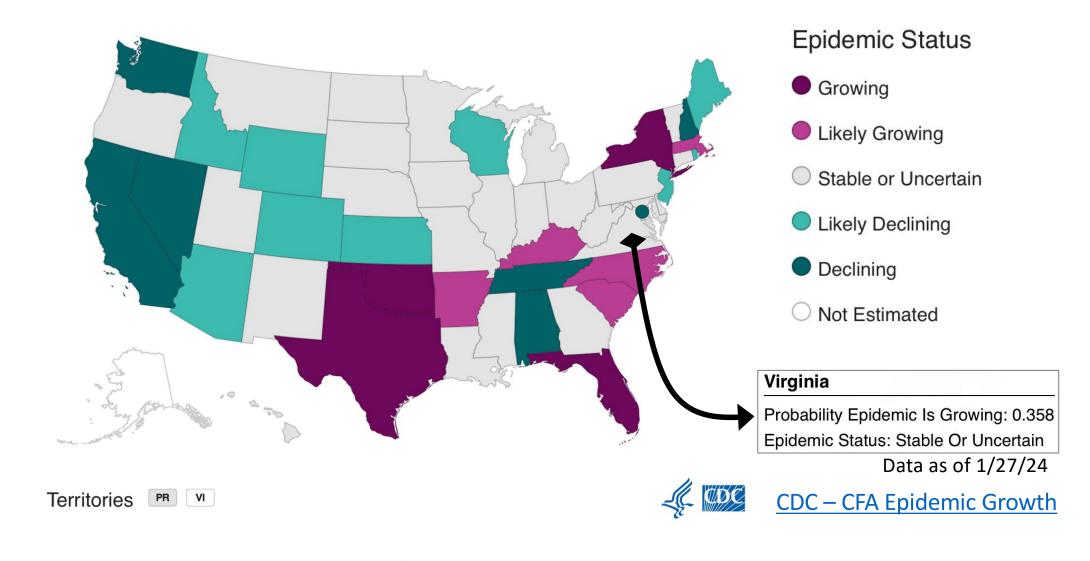
All regions remain above threshold and all are declining

- Virginia is now in a "High" level of Influenza activity
- National ILI activity has peaked and been in decline for 3 weeks.





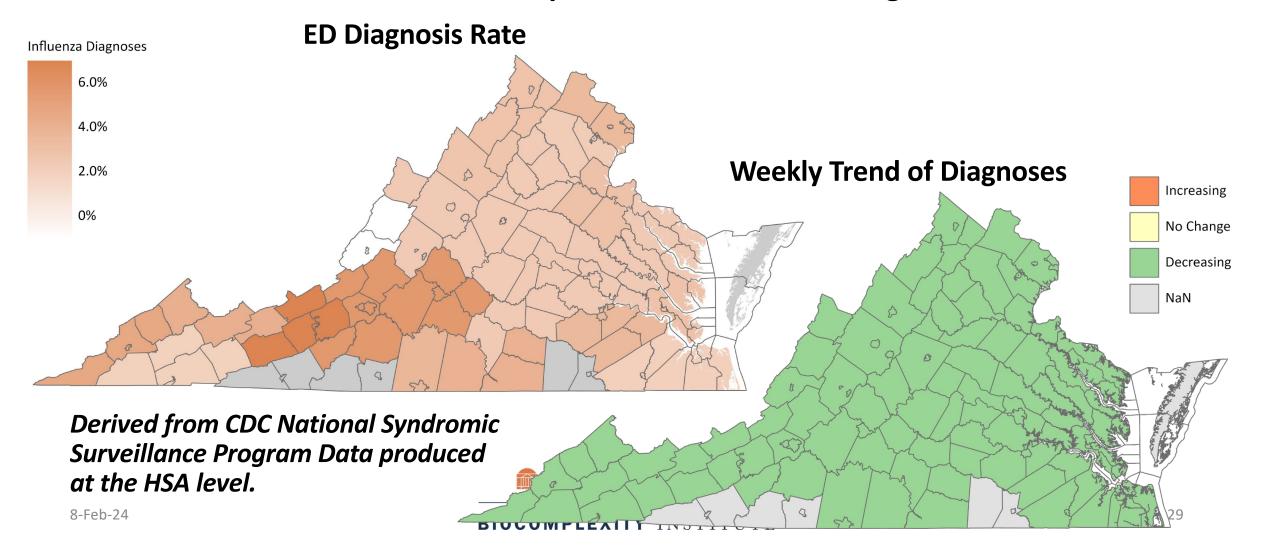
Influenza Hospitalizations – Epidemic Growth





Emergency Department Diagnosis Rate – Influenza

- Flu diagnoses are highest in the New River Valley, and between Roanoke and Lynchburg.
- All counties in the Commonwealth report a decrease in flu diagnoses from last week.

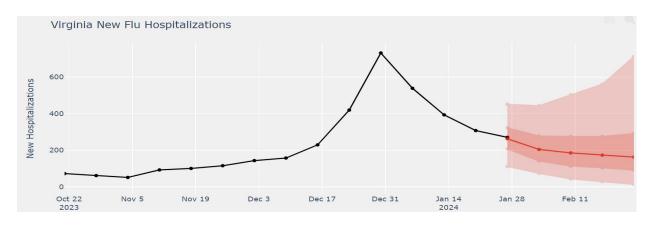


Influenza Forecasts – Hospitalization Admissions

Virginia

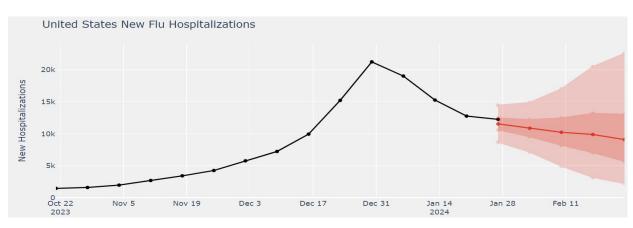
Forecast from Feb 3rd

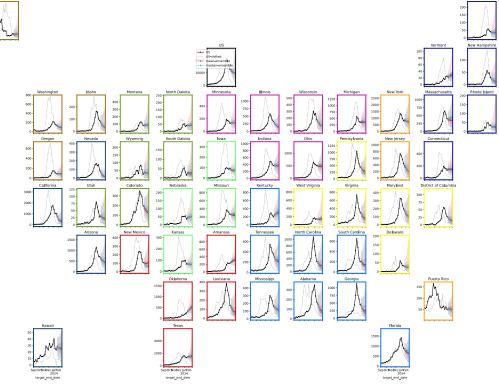
UVA forecast model only Hospital Admissions for Influenza and Forecast for next 4 weeks http://flux-forecasting.pods.uvarc.io





United States







Current Influenza Hospitalization Forecast

Statistical models for submitting to CDC Influenza Forecasting Hub

• Uses a variety of statistical and ML approaches to forecast weekly hospital admissions for the next 4 weeks for all

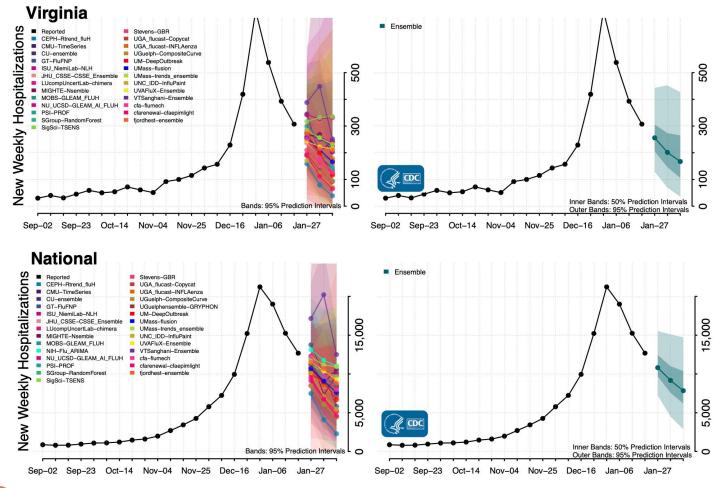
states in the US

Hospital Admissions for Influenza and Forecast for next 4 weeks (CDC Influenza Ensemble)

From February 5th

CDC Flu Activity Surveillance

https://www.cdc.gov/flu/weekly/fluactivitysurv.htm





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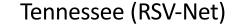


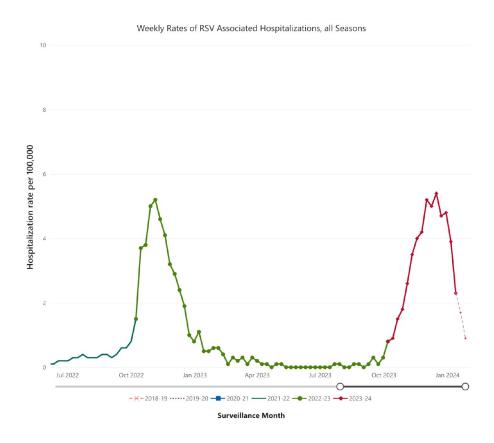
RSV Update

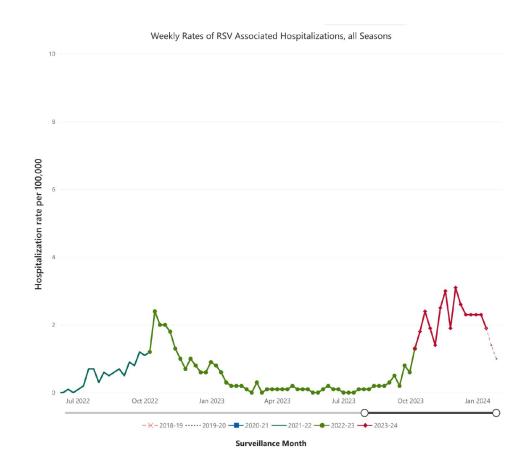


Current RSV Situation – Hospitalization Rates (RSV-Net)

Maryland (RSV-Net)







Surveillance data as of:

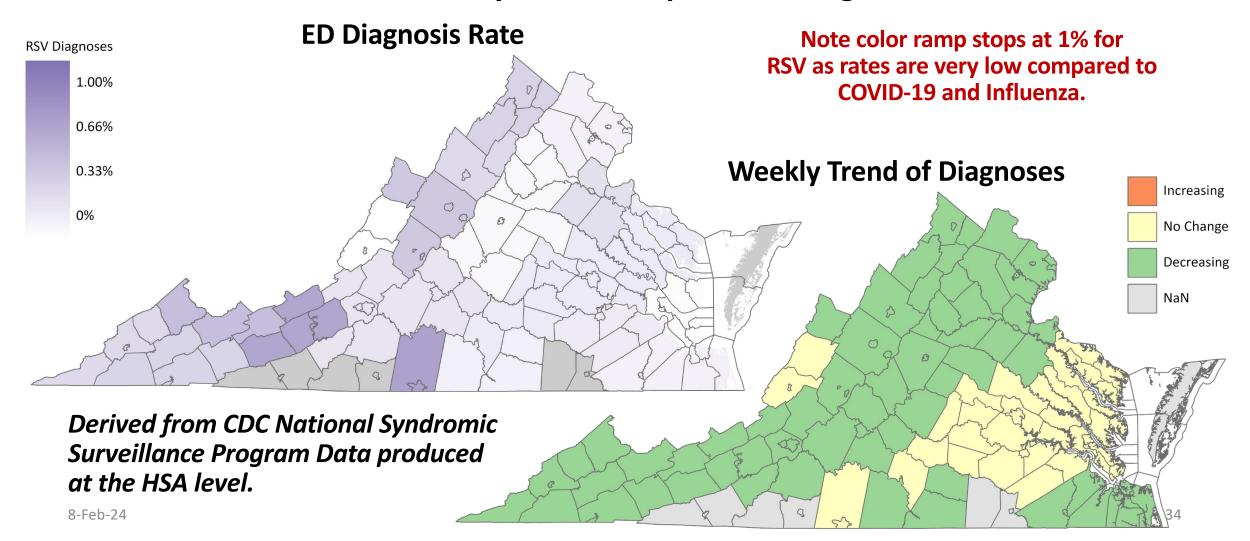
1/13 (last solid data)
1/27 (last recent but likely to be updated)





Emergency Department Diagnosis Rate – RSV

- RSV diagnoses rates are highest in the New River Valley and Pittsylvania-Danville.
- Overall rates are so low that many counties report no change from last week.

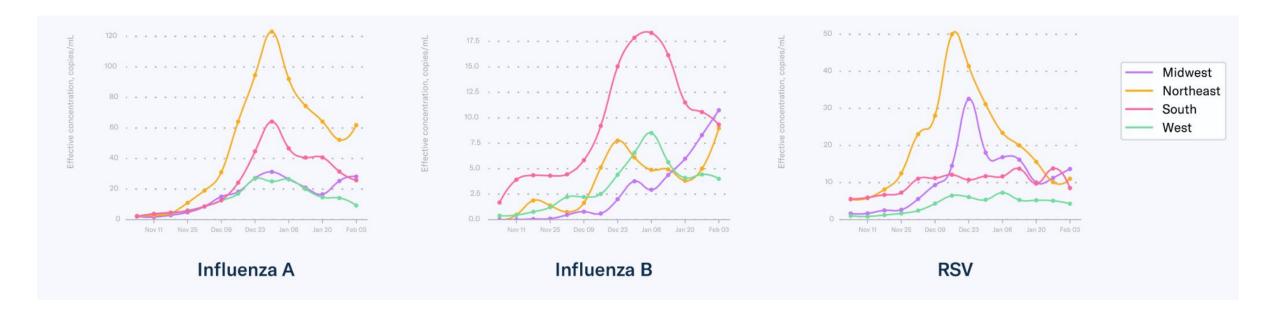


Respiratory Illness Combined Update



Combined Respiratory Illness Viruses - Wastewater

Regional Flu and RSV Wastewater Concentrations

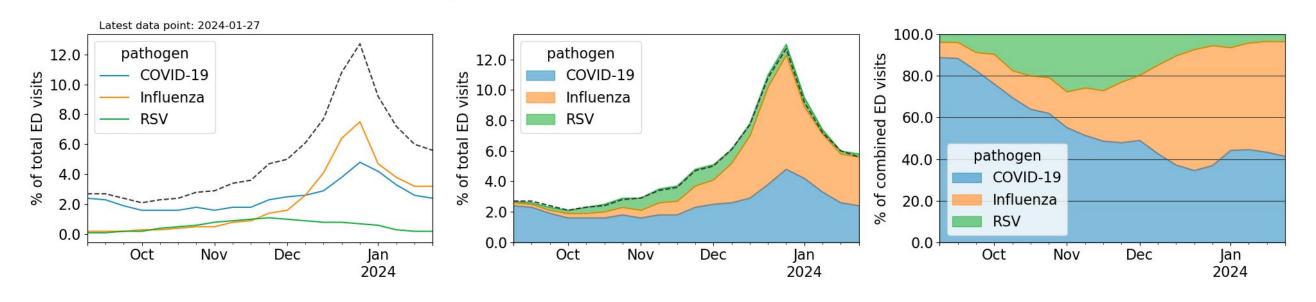






Combined Respiratory Illness Viruses – NSSP VA ED Visit

Virginia - COVID-19, Influenza, and RSV ED visits - Source: NSSP



Data as of January 27th, 2024



Key Takeaways

COVID-19 indicators show a recent peak and continued declines

- Hospitalization and Diagnosed COVID remain in slow decline
 - Hospitalizations peaked ~20% lower than last year, and continue to decline
- Wastewater continues to show high viral loads (currently lag other indicators)
- Together this suggest continued declines or plateaued activity.

Influenza is declining in VA and across the US

RSV hospitalizations have started to decline while ED visits continue declines



Questions?

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